

CL-18B

Celebrating My Growth

Grades 2–3

Intrapersonal Effectiveness

Our Year in Review

Students review the year's skills in a class quiz show, learn three Ready Moves for the changes in the next grade, and practice three summer safety rules.

HOOK
3 min

TEACH
5 min

PRACTICE
9 min

WRAP-UP
3 min

OPTIONAL EXTENSION
+10 min · Yellow Jacket Quiz Show

BIG IDEA Skills go with you! Ready Moves help with what's new.

1 I CAN

- ☐ name skills from this year and match one to a story character's problem.
- ☐ use the three Ready Moves for changes in the next grade: ask for help, make a new friend and stay organized.
- ☐ name three summer safety rules.

KEY WORDS / PALABRAS CLAVE

skill	habilidad
change	cambio
review	repaso
organized	organizado, organizada
helmet	casco
shade	sombra

3 STANDARDS

Texas Model
5th ed., 2018

Intrapersonal Effectiveness

ASCA Standards
Mindsets & Behaviors, 2021

B-SMS 10 Ability to manage transitions and adapt to change · B-SMS 9 Personal safety skills

Health TEKS
Gr 2 §115.14(b)(4)(B) · Gr 3 §115.15(b)(4)(A)

define personal growth and identify areas for one's personal growth (Gr 2) / define self-esteem and ways it is formed, including identifying areas for one's personal growth (Gr 3). Partial fit: we name skills that grow with practice for story characters, not for students.

Health TEKS
Gr 2 §115.14(b)(9) · Gr 3 §115.15(b)(11)(B)

describe steps one can take to reduce hazards, avoid accidents, and prevent accidental injuries for self and others (Gr 2) / identify characteristics of safe home, school, and community environments (Gr 3)

ELA TEKS
Gr 2 §110.4(b)(1)(D) · Gr 3 §110.5(b)(1)(D)

work collaboratively with others by following agreed-upon rules for discussion ... (Gr 2) / rules, norms, and protocols (Gr 3). Used in the quiz show.

Character traits
TEC §29.906(b)(9), (5)

school pride · responsibility, including accountability, diligence, perseverance, self-management skills, and self-control

2 MATERIALS

- ☐ Projector page (p. 4) on the document camera, or copied onto chart paper
- ☐ Worksheet (p. 5), one per student, and pencils
- ☐ Extension: Yellow Jacket Quiz Show cards (p. 6), one set, plus sticky notes and a score space on the board
- ☐ Family letter (p. 7), one per student

PREP · 5 MINUTES

- Teach by June 2: the cycle is short (Memorial Day, May 31; students' last day, June 3).
- Copy p. 5 and p. 7, one per student. Print p. 4 and p. 6 once.
- Cut the quiz cards apart if you plan to do the extension.

4 THE LESSON

HOOK 3 min

SAY "Today we'll talk about story characters, not real people. Use the names in the stories. A skill is something you get better at when you practice. Our school practiced a lot of skills this year. Welcome to the Yellow Jacket Quiz Show! Warm-up question:"

WARM-UP "Every day at recess, a kid calls Ben a mean name. Name an upstander move." Partners whisper, then share. (Be a buddy. Speak up if it's safe. Help them get away. Tell a trusted adult.)

ASK "Paola is a story character in third grade. She says, 'Next year everything changes. What if I forget all of this?' What could we tell Paola?" Take two answers, then say: "Skills go with you!"

TEACH 5 min

DO Show the projector page. Read: "A change is when something new happens." Point to What's new and What stays.

SAY "In a new grade, some things change: a new teacher, a new room, new classmates and new things to learn. Some things stay: our school helpers and the skills you practiced. Three Ready Moves help with what's new." Students show 1, 2 or 3 fingers for each move.

- 1 **Ask for help.** Ask the teacher or a classmate: "Can you show me how?"
- 2 **Make a new friend.** Say hi, ask their name and invite them to play.
- 3 **Stay organized.** Keep papers in a folder, and check the board for what's next.

SAY "Summer is coming, too. Three summer safety rules: Swim only with a grown-up watching. Drink water and find shade. Wear a helmet on bikes and scooters. And canals are never for swimming."

PRACTICE 9 min

DO · 2 MIN Quiz show: Which Ready Move? Read each one; students show 1, 2 or 3 fingers. For item 4, ask which summer safety rule fits.

MOVE 1 1. Diego doesn't understand the new spelling game.

MOVE 3 2. Joaquín's papers are crumpled at the bottom of his backpack.

MOVE 2 3. On the first day, Chloe doesn't know anyone in her new class.

SAFETY 4. It's hot at the park. Lily has played in the sun for an hour.

Item 4: Drink water and find shade.

DO · 7 MIN Worksheet. Students write their name and teacher. Part 1 alone or with a partner; Parts 2 and 3 on their own. In grade 2, read the Part 2 story aloud together first.

Answer key. Part 1: Ask 1, 5; Friend 3, 4; Organize 2, 6 (Ask also fits 6). Part 2: Wear helmets on the scooters; Swim only with a grown-up watching; Drink water and find shade. Part 3: any friendly greeting and invitation.

WRAP-UP 3 min

SAY "Remember Paola? Next year she will have a new teacher and a new room. Which Ready Moves can Paola use?" Take three answers. "Paola's skills go with her. Skills go with you!"

CHECK "Last quiz question: name one summer safety rule." (Swim only with a grown-up watching. Drink water and find shade. Wear a helmet on bikes and scooters.) Give the family letters to the teacher for take-home folders.

Short on time? Skip the warm-up question, read practice items 1 and 3 only, and do worksheet Part 2 together as a class.

5 OPTIONAL EXTENSION · 10 MINUTES

Yellow Jacket Quiz Show. Teams of 4 at their tables. You host and read one card at a time from page 6. Rule: use the names on the card, never a classmate's name.

- 1 Teach the routine: you read, teams talk quietly for 20 seconds, and one writer puts the answer on a sticky note (2 minutes).
- 2 Play: read six or seven cards. Teams hold up their sticky notes; every right answer earns a point on the board (7 minutes).
- 3 Final round: "Which skill will help Paola most in fourth grade? Why?" Each team shares one answer (1 minute).

Key: 1 any two upstander moves · 2 Tell the truth, Say sorry and mean it, Make it right, Keep your word next time · 3 any two toolbox tools · 4 yet · 5 a what + a why · 6 Notice the clues, Imagine how they feel, Care and act · 7 any two Good Neighbor Moves · 8 Stop, Think, Choose.

6 SUPPORT EVERY LEARNER

EMERGENT BILINGUALS

Point out cognates: *organized / organizado, practice / practicar*. Teach *cambio* (change) and *repaso* (review). Partners may answer in Spanish first. Frames: "___ can ask for help." "Hi, I'm ___. Do you want to ___?"

EXTRA SUPPORT

Read the worksheet aloud. Pair students for Part 1. Use the word bank under the speech bubble. In Part 3, students may draw instead of writing.

STRETCH

Ask: "Why does a skill get easier the more you practice?" Early finishers write one more quiz question about a story character on a sticky note.

7 QUICK CHECK

During the quiz: if many students mix up the Ready Moves, replay one more Paola example before the worksheet.

After class: I sort the worksheets into "all right" and "not yet" and send them home through the teacher the same week (last cycle of the year).

The worksheet is about story characters, not the child, so it is fine to collect.

8 PICTURE BOOKS (OPTIONAL)

The Magical Yet by Angela DiTerlizzi (Disney-Hyperion, 2020). Spanish edition: *El mágico aún*. The Yet, a magical friend, helps a child keep trying at hard things.

The Dot by Peter H. Reynolds (Candlewick, 2003). Spanish edition: *El punto* (2025). Vashti thinks she can't draw. One small dot, and a teacher who believes in her, help her keep trying.

The lesson works without a book. Preview any book before you read it to a class.

9 KEEP IT GOING SCHOOLWIDE · CYCLE 18

MORNING ANNOUNCEMENT

EN "Good morning, Yellow Jackets! What a year of skills! Skills go with you to the next grade. This summer, swim only with a grown-up watching, drink water and find shade, and wear a helmet on bikes and scooters."

ES "¡Buenos días, Yellow Jackets! ¡Qué año lleno de habilidades! Las habilidades van con ustedes al próximo grado. Este verano, nadan siempre con un adulto que los cuide, tomen agua y busquen sombra, y usen casco en la bici y el scooter."

HALLWAY IDEA

Post a "Yellow Jacket Quiz Show" board near the office with one review question a day from the cards. Classes answer on a sticky note with their class name, such as "Room 12." To close the year, give every class the same "Yellow Jacket Skills" certificate.

TEACHER TIP

Name the skill when you see it: "You asked a classmate how to do it. That's a Ready Move!"

If a student shares something personal: keep the lesson on the characters. "Thanks for telling me. Let's think about what Paola could do." If what the student said worries me, I follow up after the lesson using district procedures and my reporting guides (LR-01, CS-01).

Skills go with you!

A change is when something new happens.



What's new



A new teacher



A new room



New classmates



New things to learn



What stays



The skills you practiced



Our school helpers



Trusted adults to ask

Ready Moves · For what's new

1



Ask for help.

2



Make a new friend.

3



Stay organized.

Pide ayuda · Haz una nueva amistad · Organízate



Summer Safety



Water

Swim only with a grown-up watching.



Heat

Drink water and find shade.



Wheels

Wear a helmet on bikes and scooters.



Canals are never for swimming.

Our Year in Review

A change is when something new happens. Ready Moves help with what's new.

Part 1 Which Ready Move? Read each one. Circle ASK, FRIEND or ORGANIZE.

- | | | | | |
|---|--|--|--|---|
| 1 | Bruno can't find the gym. |  ASK |  FRIEND |  ORGANIZE |
| 2 | Fernanda's homework is lost in her desk. |  ASK |  FRIEND |  ORGANIZE |
| 3 | Sam doesn't know anyone at lunch. |  ASK |  FRIEND |  ORGANIZE |
| 4 | Yaretzi is new. She plays alone. |  ASK |  FRIEND |  ORGANIZE |
| 5 | Natalia doesn't get the new math steps. |  ASK |  FRIEND |  ORGANIZE |
| 6 | Caleb forgets which day is library day. |  ASK |  FRIEND |  ORGANIZE |

Part 2 Summer safety Help Esteban stay safe.

It's a hot summer day. Esteban and his cousin ride scooters to the city pool with Esteban's aunt.



Check ✓ the 3 safe choices.

- | | |
|---|---|
| ☐ Wear helmets on the scooters. | ☐ Skip the helmets. It's a short ride. |
| ☐ Jump in when no grown-up is watching. | ☐ Swim only with a grown-up watching. |
| ☐ Play in the sun all day with no water. | ☐ Drink water and find shade. |

Part 3 Make a new friend Help Paola.

Leonardo is new, and he is standing alone. What can Paola say to him? Write it in the bubble.

Hi, I'm Paola. What's _____

Do you want to _____

Word bank: your name · play · sit · with us · at recess · at lunch

Yellow Jacket Quiz Show

✂ Cut on the dashed lines.

1. The host reads a card. 2. Teams talk quietly for 20 seconds. 3. Write the answer on a sticky note. 4. Hold it up!

QUESTION #1

Kindness and Upstanders. Every day on the bus, a kid calls Harper a mean name. Name two upstander moves.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #2

Building Trust. Jack broke a promise to a friend. Name the four trust repair steps.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #3

Calm and Confident. Ximena's fists get tight before a spelling test. Name two tools from the Calm-Down Toolbox.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #4

Growth Mindset and Goals. Iker says, "I can't do cursive." Add one word to make it a growth thought.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #5

Gratitude. The custodian fixed the broken water fountain. Say a thank-you with a what and a why.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #6

Empathy and Respect. A new student stands alone at recess, looking down. Name the three Empathy Steps.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #7

Being a Good Neighbor. Renata's class is cleaning up the park. Name two Good Neighbor Moves.

💬 Talk: 20 seconds

📝 Write: sticky note

QUESTION #8

Healthy Choices. A classmate offers Lupita medicine from a bag. Name the three steps for an unsafe request.

💬 Talk: 20 seconds

📝 Write: sticky note

Celebrating My Growth

Celebramos lo que aprendimos

Family letter · Carta para la familia · Grades 2–3 · Grados 2–3



ENGLISH

Dear Family,

This week, your child's class had a lesson about **the skills we learned this year** with the school counselor. A skill is something you get better at when you practice. We reviewed the year with a class quiz show, learned three Ready Moves for the changes in the next grade and practiced summer safety.

YELLOW JACKET SKILLS FROM THIS YEAR

Upstander Moves · Stop, Think, Choose · Thank-you notes · Win-win fixes · Add *yet* · Trust Repair Steps · Real Apology Steps · Job Skills · Kind Body Talk · Calm-Down Toolbox · Good Neighbor Moves · Empathy Steps · Problem-Solving Steps · **New:** Ready Moves: Ask for help, Make a new friend, Stay organized

SUMMER SAFETY

1. **Water:** children swim only with a grown-up watching, and never in irrigation canals.
2. **Heat and wheels:** drink water and find shade on hot days, and wear a helmet on bikes and scooters.

TALK ABOUT IT AT HOME

"Which Ready Move helps on the first day in a new class?"

Your child may bring home a worksheet about Paola and Esteban. Ask your child which choices keep Esteban safe. Thank you for a wonderful year. Have a safe summer!

You are welcome to see any counseling lesson or handout. Call the school office at **956-262-4741** and ask for me.

Mrs. Handy, School Counselor

ESPAÑOL

Estimada familia:

Esta semana, el grupo de su hijo(a) tuvo una lección sobre **las habilidades que aprendimos este año** con la consejera escolar. Una habilidad es algo que nos sale mejor cuando lo practicamos. Repasamos el año con un concurso de preguntas en clase, aprendimos tres pasos para los cambios del próximo grado (en inglés, *Ready Moves*) y practicamos cómo cuidarnos en el verano.

LAS HABILIDADES YELLOW JACKET DE ESTE AÑO

Cómo defender a los demás · Detente, piensa, elige · Notas de agradecimiento · Soluciones en las que todos ganan · Agregar "todavía" · Recuperar la confianza · Disculpas sinceras · Habilidades para el trabajo · Hablar con amabilidad sobre el cuerpo · Herramientas para calmarse · Ser un buen vecino · Pasos de la empatía · Pasos para resolver problemas · **Nuevo:** Pedir ayuda, hacer una nueva amistad, organizarse (En clase usamos los nombres en inglés.)

CUIDADOS EN EL VERANO

1. **El agua:** los niños nadan solamente cuando un adulto los está vigilando, y nunca en los canales de riego.
2. **El calor y las ruedas:** en los días calurosos, tomar agua y buscar sombra; usar casco en la bicicleta y el scooter.

PARA PLATICAR EN FAMILIA

"¿Qué paso ayuda el primer día en un salón nuevo?"

Es posible que su hijo(a) traiga a casa una hoja de trabajo sobre Paola y Esteban. Pregúntele qué decisiones ayudan a Esteban a cuidarse. Gracias por un año maravilloso. ¡Que tengan un verano seguro!

Puede ver cualquier lección o material de consejería cuando guste. Llame a la escuela al **956-262-4741** y pregunte por mí.

Sra. Handy, consejera escolar